San Bernardino & Riverside Counties

If you have resources to add, please contact either: Megan (meganholder@ofy.org), Corrina (corrinasanchez@ofy.org), or Amanda (amandafenn@ofy.org)

Resource Name	Category	Information	Notes:
211: Great starting point to find ALL resources	Referral/Information	https://connectriverside.org/	Toll Free (800) 464-1123
	Referral/Information	http://www.211sb.org/	Toll Free (888) 435-7565
Healthy Eating-School Feeding Locations	Food Distribution	https://www.healthyeating.org/Schools/School-Wellness/School-Feeding-Locations?utm_campaign=COVID- 19_School+Feeding+Sites_0320&utm_content=COVID- 19_School+Feeding+Sites_0320&utm_medium=email&utm_source=Free+ Meals+for+Children+in+CA	
Grab & Go Meals for Students (RCOE)	Food Distribution	Riverside Area: Arlington Regional Learning Center 6511 Arlington Ave., Riverside, CA 92503	Food Served 8:30am-11:30am
Grab & Go Meals for Students (RCOE)	Food Distribution	Perris/Moreno Valley Area: Val Verde Regional Learning Center 3010 Webster Ave., Perris, CA 92571	Food Served 8:30am-11:30am
Grab & Go Meals for Students (RCOE)	Food Distribution	Murrieta: David Long Regional Learning Center 41350 Guava St., Murrieta, CA 92562	Food Served 8:30am-11:30am
Grab & Go Meals for Students (RCOE)	Food Distribution	Hemet/San Jacinto area: Betty Gibbel Regional Learning Center 1251 Eagle Dr., San Jacinto, CA 92583	Food Served 8:30am-11:30am
Breakfast and Lunch (MVUSD - Any School) NO student/gov't ID required, but student must be present	Food Distribution	ALL MV Elementary, Middle, and High Schools (except Rainbow Springs) School listings at: https://www.mvusd.net/	Food Served 11:00am-1:00pm
Breakfast & Lunch for Students (SBCUSD) NO student/gov't ID required, but student must be present	Food Distribution	All SB Elementary, Middle, and High schools School listings at: https://www.sbcusd.com/	Elementary Breakfast: 8:20am-8:50am Elementary Lunch: 11:30am-12:45am Middle/High Breakfast: 7:00am-7:25am Middle/High Lunch: 10:45am-12:30pm
Inland Empire Food Resource List	Food Distribution	https://drive.google.com/open?id=1qs_qNweKles3VQLh4lXalEOlCbuM8-Q_	
Edmentum (Free) Resources	Educational Tool	https://get.edmentum.com/e-learning-days/?utm_campaign=customer%_2Bcomm&0=	
Spectrum Internet Assistance	Educational Tool	https://www.spectrum.com/browse/content/spectrum-internet-assist	Call: 1-844-579-3743
AT&T Access Internet	Educational Tool	https://www.att.com/shop/internet/access/#!/	
Charter Internet "Free" Program	Educational Tool	https://corporate.charter.com/newsroom/charter-to-offer-free-access-to-spectrum-broadband-and-wifi-for-60-days-for-new-K12-and-college-student-households-and-more	
Comcast Internet Essentials Assistance	Educational Tool	https://www.internetessentials.com/covid19	
Amazing Educational Resources (link)	Educational Tool	http://www.amazingeducationalresources.com/	
Khan Academy	Educational Tool	https://www.khanacademy.org/	Math & English Tutoring
Duolingo	Educational Tool	https://www.duolingo.com/	Foreign Language Tutoring
Insight Timer	Mental Health Tool	https://insighttimer.com/	Free Stress Management App
Calm	Mental Health Tool	https://www.calm.com/	Relax/Sleep Aid App
Breathe	Mental Health Tool	https://www.stopbreathethink.com/	Emotional Check-in App

San Bernardino & Riverside Counties

If you have resources to add, please contact either: Megan (meganholder@ofy.org), Corrina (corrinasanchez@ofy.org), or Amanda (amandafenn@ofy.org)

Resource Name	Category	Information	Notes:
Youper	Mental Health Tool	https://www.youper.ai/	Emotional Health based on Therapy Techniques App (Auto-responses given by AI)
Tide	Mental Health Tool	Available on Andriod & Apple App stores	Sounds for sleep, focus, meditation

Can	Darnar	dina 0	Riverside	Counting

San Bernardino & Riverside Counties			
Resource Name	Category	Information	Notes:
211: Great starting point to find ALL resources	Referral/Information	https://connectriverside.org/	Toll Free (800) 464-1123
	Referral/Information	http://www.211sb.org/	Toll Free (888) 435-7565
Grab & Go Meals for Students (RCOE)	Food Distribution	Riverside Area: Arlington Regional Learning Center 6511 Arlington Ave., Riverside, CA 92503	Food Served 8:30am-11:30am
Grab & Go Meals for Students (RCOE)	Food Distribution	Perris/Moreno Valley Area: Val Verde Regional Learning Center 3010 Webster Ave., Perris, CA 92571	Food Served 8:30am-11:30am
Grab & Go Meals for Students (RCOE)	Food Distribution	Murrieta: David Long Regional Learning Center 41350 Guava St., Murrieta, CA 92562	Food Served 8:30am-11:30am
Grab & Go Meals for Students (RCOE)	Food Distribution	Hemet/San Jacinto area: Betty Gibbel Regional Learning Center 1251 Eagle Dr., San Jacinto, CA 92583	Food Served 8:30am-11:30am
Breakfast and Lunch (MVUSD - Any School) NO student/gov't ID required, but student must be present	Food Distribution	ALL MV Elementary, Middle, and High Schools (except Rainbow Springs) School listings at: https://www.mvusd.net/	Food Served 11:00am-1:00pm
Breakfast & Lunch for Students (SBCUSD) NO student/gov't ID required, but student must be present		All SB Elementary, Middle, and High schools School listings at: https://www.sbcusd.com/	Elementary Breakfast: 8:20am-8:50am Elementary Lunch: 11:30am-12:45am Middle/High Breakfast: 7:00am-7:25am Middle/High Lunch: 10:45am-12:30pm
Feeding America	Food Pantry	https://www.feedingamericaie.org/find-pantry	
Community Assistance Program-Moreno Valley	Food Pantry	http://www.mvcap.org/ 24594 Sunnymead Blvd., Suite W, Moreno Valley, CA 92553	
Inland Empire Food Resource List		https://drive.google.com/open?id=1qs_qNweKles3VQLh4lXalEOlCbuM8-Q_	

San Bernardino & Riverside Counties	Bernardino & Riverside Counties								
Resource Name	Category	Information	Notes:						
Carolyn Wylie Center	Counseling Services	https://wyliecenter.org/ 4164 Brockton Ave., Riverside, CA 92501	(951) 683-5193						
Perris Valley Family Resource Center	Counseling Services	http://dpss.co.riverside.ca.us/family-resource-centers 2055 N. Perris Blvd. Suite C1, Perris, CA 92571	(951) 443-1158						
Family Service Association	Counseling Services	https://www.fsaca.org/ 21250 Box Springs Rd. Moreno Valley, CA 92557	(951) 686-1096						
Riverside County Children Interagency Program	Counseling Services	https://www.rcdmh.org/ 23119 Cottonwood Ave. Bldg A, Suite 110 Moreno Valley, CA 92557	(951) 413-5678						
24/7 Mental Health Urgent Care	Counseling Services	https://www.rcdmh.org/Portals/0/PDF/Dual%20Programs%20RI% 200Gisis%20RCS/W20(3),pdf?ver=2018-06-19-072756-177 Perris: 951-349-4195 85 Ramona Expressway Suites 1-3 Perris, CA 92571 Riverside: (951) 509-2499 9990 County Farm Rd. Riverside, CA 92503							

	HELPLine- 24-hour Crisis/Suicide Prevention	Crisis Hotline	(951) 686-HELP (4357)					
	National Suicide Prevention Lifeline	Crisis Hotline	Phone: (800) 273-TALK (800-273-8255) Spanish line: (888) 628-9454 TTY: (800) 799-4TTY (4889)					
Ī	The TREVOR Lifeline	Crisis Hotline	866-4-U-TREVOR (866-488-7386)	https://www.thetrevorproject.org/				

	Riverside & San Bernardino Counties						
Resource Name	Category	Information	Notes:				
211	Referral/Information	https://connectriverside.org/	Toll Free (800) 464-1123				
	Referral/Information	http://www.211sb.org/	Toll Free (888) 435-7565				
Riv. Co. PDF	Referral/Information	http://riversideunified.org/common/pages/DisplayFile.aspx?itemId=2212380	2018/2019 Guide (Unknown Updates)				
Riv. Co. Hotlines	Referral/Information	https://www.riversideca.gov/homelesssolutions/resource-guide	Unknown Updates (County Page)				
County Services	Referral/Information	http://wp.sbcounty.gov/tad/	SB County				
	Referral/Information	http://dpss.co.riverside.ca.us/	Riverside County				
Both Counties	Referral/Information	https://www.c4yourself.com/c4yourself/index.jsp	County Application for Cash Assistance, Food, Housing (SB & RV)				

Riverside & San Bernardino Counties					
Resource Name	Category	Information	Notes:		
Operation Safe House	Housing	https://operationsafehouse.org/ 9685 Hayes Street Riverside, CA 92503 (951) 351-4418	Offers emergency shelter and transitiona living programs		
Rape Crisis Center	Crisis Response	https://rarcc.org/ 1845 Chicago Avenue, Suite A Riverside, CA 92507	(951)686-7273/ (888) 686-7273 (24-hr)		

Riverside & San Bernardino Counties					
Resource Name	Category	Information	Notes:		
Operation Safe House	Housing	https://operationsafehouse.org/ 9685 Hayes Street Riverside, CA 92503 (951) 351-4418	Offers emergency shelter and transitional living programs		

https://www.rcoe.us/rcoe-charter-schools/			
Springs Charter School	Excelsior Charter Schools		
Magnolia Student Center			
(951) 225-7200			
4020 Jefferson Street			
Riverside, CA 92504			
Homeschool and direct instruction available			
MVUSD Alternative Schools	RUSD Alternative Schools	SBCUSD Alternative Schools	
Bayside Community Day School			
(951) 571-7890			
24501 Cactus Ave			
Moreno Valley, CA 92553			
March Valley School			
(951) 571-4800			
24551 Dracaea Avenue			
Moreno Valley, CA 92553			
Moreno Valley Community Adult School			

Riverside County							
MFI Recovery Center	Al-Anon/ Al-Teen		Help Lines				
(951) 683-6596							
5870 Arlington Avenue							
Riverside, CA 92504							
https://www.mfirecovery.com/							
Service Provided:							
Counseling							
Residential Recovery							
Drop-in services for recovering substance abuse	rs						
Free educational classes							
Self-help/discussion groups							